

# Circle Of Security

## Parent Education Class

*Here are some founding principles that underlie the Circle of Security models of intervention: 1 Attachment problems in infancy and early childhood increase the probability of psychopathology later on in life. 2 Secure attachment relationships with caregivers are a protective factor for infants and preschoolers, setting the foundation for social competence and promoting effective functioning of the emotion regulation and stress response systems. 3 The quality of the attachment relationship is amenable to change. 4 Learning, including therapeutic change, occurs from within a secure base relationship. 5 Lasting change in the attachment relationship comes from caregivers' developing specific relationship capacities rather than learning techniques to manage behavior. 6 All caregivers want what is best for their children.*

**Thursday's Noon-1:30 pm;**

**Sept. 29th - Nov 17th, 2022**

**[CLICK HERE TO REGISTER](#)**

**This class is only offered via ZOOM.**

**Any adult in your family is welcome to attend.**

### **Learning 2 Live**

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