

# Connecting every child to a healthy future.

## Welcome to Family Connects Oregon in Marion & Polk Counties

Families in Marion and Polk counties are being offered visits by a nurse at no cost to the family through a new program called Family Connects Oregon. The program supports the health and well-being of newborns and their families. Visits begin at about three weeks after birth.

Family Connects is a community-wide effort.

The program is starting in a small number of regions with the goal of reaching all families in Oregon over time. At this time any newborn who lives in Marion County and is covered by OHP is eligible.

Family Connects Oregon nurses are trained to answer all kinds of questions.

### FOR MOM

- » A health check
- » Breastfeeding and feeding support
- » Talk about changes and things to expect

### FOR BABY

- » Baby weight and health check
- » Support with infant feeding, bathing, crying and sleeping
- » Talk about what to expect as baby grows

### FOR FAMILY

- » Exploring child care options
- » Home safety, parenting and resources
- » Playgroups and parent support groups
- » Community connections as baby grows



## The Family Connects Model



**FOR ALL**  
Helping all families regardless of income or background



**THREE WEEKS**  
Visits are scheduled around 3 weeks after birth



**NO COST TO RECIPIENTS**  
As an eligible recipient, you will not be charged



**REGISTERED NURSE**  
All visits are made by highly-trained nurses



### RESEARCH SHOWS

that mothers who participate in Family Connects are less anxious, they learn more about child care resources and their babies need less emergency care at hospitals.

### About Family Connects

Family Connects International® envisions a world where all children and their families have access to a continuum of community-based care to support their health and success. The Family Connects model is an evidence-based and successfully demonstrated program that connects parents of newborns to the community resources they need through postpartum nurse home visits. Family Connects was developed at Duke University and is rigorously evaluated and implemented across the U.S..

We encourage you to learn more about Family Connects Oregon and share information with the families you serve.

The Marion & Polk Early Learning Hub is the convening organization promoting Family Connects to families, partners and providers.



### FOR MORE INFORMATION:

[Kiara Yoder](mailto:kyoder@earlylearninghub.org)  
kyoder@earlylearninghub.org  
503.967.1188

[parentinghub.org](http://parentinghub.org)  
[familyconnectsoregon.org/](http://familyconnectsoregon.org/)

### REFER PATIENTS TO:

Early Childhood Nursing Team at Marion County  
503.373.3781 / Fax: 503.566.2948  
[mchhs-FC@co.marion.or.us](mailto:mchhs-FC@co.marion.or.us)