

## Connecting every child to a healthy future.

### Congratulations on your new baby!

As a resident of Marion or Polk counties, you are eligible for visits by a nurse, at no cost to you or your family, through a new program called Family Connects Oregon. The visits are designed to support the health and well-being of your newborn and your family, and they begin about three weeks after birth.

The program is starting in a small number of regions with the goal of reaching all families in Oregon over time. Family Connects is currently available to all Marion County families with newborns covered by the Oregon Health Plan.



### WHAT CAN FAMILY CONNECTS DO FOR YOU?

- » Breast- or bottle-feeding support
- » Postpartum depression support
- » Child care options
- » Safe sleep information
- » What to do if your baby cries a lot
- » Financial resources
- » Parent support groups

### SCHEDULE YOUR VISIT TODAY

Marion County Early Childhood  
Nursing program

Call: 503-373-3781

### WHAT YOU CAN EXPECT:



**FOR ALL**  
Helping all families regardless of income or background



**THREE WEEKS**  
Visits are scheduled around 3 weeks after birth



**NO COST TO RECIPIENTS**  
As an eligible recipient, you will not be charged



**REGISTERED NURSE**  
All visits are made by highly-trained nurses

Family Connects Oregon's mission is to connect you with health care providers and community resources to support your whole family.

Our nurses are trained to answer all kinds of questions.

Family Connects is a community-wide effort.

In partnership with Marion County Health and Human Services, Polk County Public Health and Family Building Blocks, the Marion & Polk Early Learning Hub is the convening organization promoting Family Connects to families, partners and providers.

Research shows that when families use Family Connects, mothers feel less anxious, they learn about quality child care options available to them, and their babies need less emergency care at hospitals.