

# PARENTING CLASS



## Positive Solutions

Positive Solutions is a six-week parenting series designed to help parents strengthen their young child's social and emotional development and to better understand challenging behaviors. Parents will learn how to use positive approaches to improve their interactions with their child, help children learn appropriate behavior, and to build their child's confidence and self-esteem.

**Dates:** 6 weeks – Tuesday January 21 – February 25

**Time:** Dinner: 5:00-5:30pm  
Class: 5:30-7:30pm

**Location:** Scott Elementary  
4700 Arizona Ave NE  
Salem, OR 97305

**This class is provided at no cost to participants.  
Dinner and childcare provided. No registration required.**

**For more information:** Call 503-399-3302

This class is sponsored by Salem-Keizer Head Start and Preschool Promise

