

10 weeks Sessions

9/26	11/07
10/3	11/14
10/10	11/21
10/17	12/03
10/24	12/05



## MAKE PARENTING A PLEASURE

A SERIES OF WORKSHOPS  
TO HELP FAMILIES

### MAKING PARENTING A PLEASURE

has been proven to help families of young children alleviate family stress. Parenting is the most challenging and important job there is.

This thirteen-session course gives families strategies and skills that will reduce family stress, help parents understand and communicate more effectively with their children, and help parents provide positive and effective discipline.

This series is for any parent who wants to improve their parenting skills and help their child to be more successful.

**FREE OF COST**  
**LIMITED SPACES AVAILABLE**

CLASSES BEGIN THURSDAY, SEPTEMBER 26, 2019 | DINNER 5:30 CLASS 6:00-8:00PM  
LOCATION: RICHMOND ELEMENTARY SCHOOL 466 RICHMOND AVE SE SALEM OR, 97301  
FOR QUESTIONS, PLEASE CONTACT: (503) 399-3180