

Twenty Eighth Edition

August 2019



Back to School: Lunches, and books, and backpacks- oh my!

August is the beginning of a couple months of mixed emotions and big feelings. It is a month defined by change and our ability to "go with the flow." We say goodbye to the lazy days of summer and hello to back to school shopping and classrooms. As creatures of habit that often thrive on routine, change can be difficult for both parents and children.

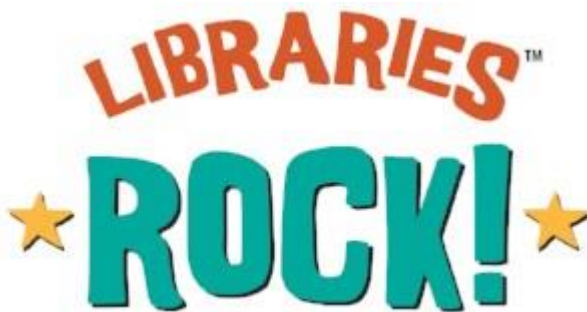
As we plunge into the chaos of 'back to school' season, make sure to carve out some time for your family to discuss changes ahead of time and learn what to expect before school starts. Sometimes just talking about the positive and negative impacts of change can help ease any fear, anxiety, or worry that you or your child maybe experiencing. If we can be successful in explaining the back to school chaos, we may begin to see the change as opportunity: opportunity for learning, social interactions and fun! Click below for some additional tips on being school ready!

- [Before School Starts](#)

- [School Ready: in the classroom](#)
- [School Ready: on the playground](#)
- [Self-Care and don't overdo it](#)



Do you have a child who is going to enter Kindergarten in September in Salem-Keizer? If so, make sure they are signed up and ready to attend their local [Kindergarten Jumpstart!](#)



To help prevent the "summer reading slide" visit your local library! For a list of all libraries in Marion and Polk counties [click here](#).

Looking for something fun to do with your child at the library this summer?

- [Dallas Public Library Story Time](#)
- [Independence Library Family Story Time](#)

- [Jefferson Public Library Summer Events](#)
- [Salem Public Library Summer Reading Club](#)
- [Salem Public Library Story Time Schedule](#)
- [Salem Public Library Friday Movies](#)
- [Salem Public Library Kids Art Show](#)
- [Silver Falls Public Library Children's Programs](#)
- [Stayton Summer Reading Club](#)
- [Woodburn Public Library July Events](#)

Local Preschool Programs Now Accepting Applications!



FREE PRESCHOOL

MARION & POLK COUNTIES

INCOME CHART

# in Family	100%	130%	200%
2	\$16,910	\$21,983	\$33,820
3	\$21,330	\$27,729	\$42,660
4	\$25,750	\$33,475	\$51,500
5	\$30,170	\$39,221	\$60,340
6	\$34,590	\$44,967	\$69,180
7	\$39,010	\$50,713	\$78,020
8	\$43,430	\$56,459	\$86,860

NO INCOME REQUIREMENT 4 YRS

Salem Keizer School District Title Funded Preschool

1850 45th Avenue NE
Salem, OR 97305
p. (503) 399-5510
Service area: Bush, Highland, Scott, Four Corners, Swigle, Richmond, Grant and Washington

Gervais School District

290 First Street
Gervais, OR 97026
p. (503) 792-3803
Service area: Gervais School District

St. Paul Elementary School

20449 Main Street NE
St. Paul, OR 97137
p. (503) 633-2691
\$60/mo. Tuition - 3 years
\$100/mo. Tuition - 4 and 5 years

Falls City Elementary School

177 Prospect Street
Falls City, OR 97344
p. (503) 399-5510
Service area: Falls City School District
\$295/mo. Tuition

Perrydale Elementary School

7445 Perrydale Road
Amity, OR 97101
p. (503) 623-2040
Service area: Perrydale School District

North Marion Preschool

20257 Green Road NE
Aurora, OR 97002
p. (503) 678-8500
\$295/mo. Tuition beginning September 2019

Woodburn School District

1390 Meridian Drive | Woodburn, OR 97071
p. (503) 983-3043
Programs: Migrant Education and Preschool Promise
Service area: Woodburn School District

0 to 130% 3-4 YRS

Community Action Agency

2475 Cantor Street NE | Salem, OR 97301
p. (503) 581-1152
Programs: Early Head Start, Head Start, and Childcare Partnership
Service area: Salem, Woodburn, Dallas, Stayton, Independence, Amityville and Canyon area.

Kidco

290 First Street | Jefferson, OR 97026
p. (503) 792-3803
Programs: Head Start
Service area: Jefferson School District

Salem-Keizer School District

1850 45th Avenue NE | Salem, OR 97305
p. (503) 399-5510
Programs: Head Start, Oregon Pre-K, and Preschool Promise
Service area: Salem-Keizer

Oregon Child Development Coalition (OCDC)

Independence: (503) 838-2745
Silverton: (503) 981-3001
Salem: (503) 484-0899
Woodburn & Brooks: (503) 981-3001
Programs: Head Start, Migrant/Seasonal Head Start, Early Head Start & Preschool Promise
Service area: Marion Polk County

The Confederated Tribes of Grand Ronde

9615 Grand Ronde Road
Grand Ronde, OR 97347
p. (503) 879-2161
Programs: Early Head Start, Head Start and Preschool Promise

Siletz Tribal Head Start

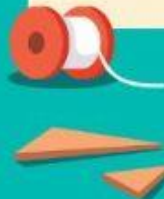
201 SE Swan Avenue | PO Box 549
Siletz, OR 97380-0549
p. (541) 444-2450
Programs: Head Start
Service area: Marion County

UP to 200% 3-4 YRS

Preschool Promise Program** offered at:

- **The Confederated Tribes of Grand Ronde**, Grand Ronde p. (503) 879-2287
- **OCDC Concordia**, Salem p. (503) 838-2745
- **OCDC Independence**, Independence p. (503) 838-2745
- **OCDC Silverton**, Silverton p. (503) 981-3001
- **Prescolar Daycare Jalisco**, Independence p. (503) 838-6394
- **Child Development Center at Western Oregon University**, Monmouth p. (503) 838-8238
- **Chemeketa Child Development Center**, Salem p. (503) 399-5048
- **Island Adventures**, Salem p. (503) 990-3273
- **Loving Beginnings**, Salem p. (503) 409-7434
- **Mary's Guardiania**, Salem p. (503) 507-0312
- **Precious Cargo Preschool & Childcare**, Salem p. (541) 961-1149
- **Salem Christian Academy**, Salem p. (503) 580-4963
- **Salem-Keizer School District**, Salem p. (503) 399-5510
- **Tiny Hands Specialized Care**, Stayton p. (503) 767-2679
- **Arce's Daycare**, Woodburn p. (503) 982-9750
- **Woodburn School District**, Woodburn p. (971) 983-3043

** Programs subject to change for 2019/20 school year.



PARENTS PLEASE NOTE: Some exceptions may apply. Head Start families may automatically be eligible if they are a foster child, homeless, receive Temporary Assistance for Needy Families (TANF), Supplemental Security Income (SSI), or a child who is on an Individualized Family Service Plan (IFSP) or Individualized Education Program (IEP). Contact programs for more information.

PRESCHOOL

Launch to Success and Beyond
For more information, please visit
www.ParentingHub.org





Kindergarten & Preschool Registration is OPEN NOW!

It's not too late to sign up! Kindergarten registration for many school districts throughout Oregon open this month. By enrolling your child early, your school is able to prepare the best possible education for your child. Many schools offer a kinder jumpstart program to assist with transition into kindergarten. Visit [our website](#) for a list of all Elementary Schools in Marion and Polk Counties.

Blog of the Month

Children love music and movement. Music can be infectious and change the mood of any situation. I think the majority of parents can relate to falling under the spell of “Baby Shark, Do, Do, Do, Do!” (It’s already stuck in your head, huh?) I have to admit depending on the context, the sound of that song will either get me dancing or cause the hair on the back of my neck to stand up.



[--Read More--](#)

Upcoming Parenting Classes

Incredible Years

Thursdays, August 8 - December 12, 2019

5:30-8:00pm

Morningside United Methodist Church

3674 12th St SE Salem, OR 97302

Call (858) 776-5347 or email morningsideprogram@gmail.com to register

Nurturing Parenting

Wednesdays, July 10 - September 25, 2019

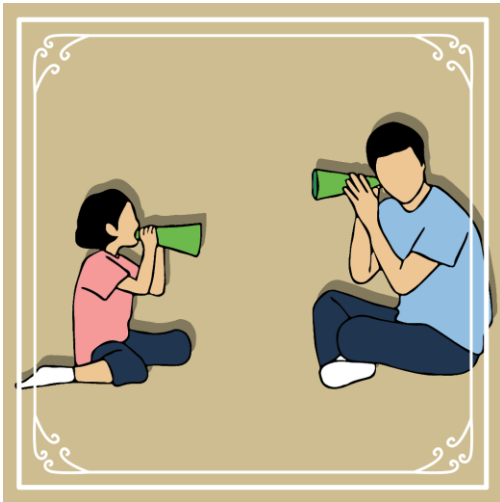
5:30-7:30pm

Family Building Blocks- Chelsea's Place

2425 Lancaster Dr NE, Salem OR 97305

Call (503) 877-8355 to register

For additional classes in Marion County visit our [calendar!](#)



Circle of Security

Thursdays, July 18- September 19, 2019

2:00-3:30pm

Options Counseling

2645 Portland Rd NE #120, Salem OR 97301

Call (503) 390-5637 to register

For future classes in Polk County visit [Mid-Valley Parenting](#)

Do you want fun easy activities that help your child learn? Download the **FREE** Vroom smartphone app for activities and learn the science behind early brain development. Available in English and Spanish.

Search for the Daily Vroom app in the iTunes, Google Play or Amazon Fire stores.

OR

Sign up for weekly brain building text message by texting CHILD to 48258.



Vroom Tip

Pretend your child is packing for school. Take turns naming things to take to school and things that need to stay home. As they get older, try coming up with things in alphabetical order.

[More Vroom Tips](#)



Our mailing address is:

2995 Ryan Drive Suite 100
Salem, OR 97301

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)