

TUESDAYS 5:30-7:30pm

Jan.9th - Mar. 12th

JOIN AT ANYTIME!

Woodburn SD Preschool

1274 Fifth St., Woodburn, OR 97071

TO REGISTER CALL: 971-338-3627

Registration not required

FREE 10-Week Parenting Series



FREE DINNER

CHILDCARE PROVIDED

Shift from punishment to consequences

Understand child development and how best to help your child thrive

Learn better tools for managing stress and improving self care

Reduce conflict in your interactions with your child

Reduce stress and anger in your life

Change your words and change your child's response



Erika Kane, MA

Erika Kane is a local mental health counselor. She has a passion for working with individuals and couples to help them improve their relationships, strengthen their family and provide parenting support. Prior to becoming a counselor Erika was an elementary school teacher.

