



Oregon
Family Support
Network

4275 Commercial St. SE Suite 180 Salem, OR 97302

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Collaborative Problem Solving (CPS)

4 Week CPS Overview for Families

WHAT IS THE CPS APPROACH?

Challenging kids typically lack the skill, not the will, to behave well – specifically skills related to problem solving, flexibility and frustration tolerance. The CPS approach avoids the use of power, control and motivational procedures and instead focuses on building helping relationships and teaching skills largely through a process of teaching parents and kids how to resolve chronic problems collaboratively.

Trainer: Rebecca Carter

Date: October 8th, 15th, 22nd, 29th

Time: 5:45 pm - 8:00 pm

Location: Salem Alliance Church | Visitors Center
555 Gaines ST NE Salem, OR 97301

Cost: Free!

Please note that registration for this training is required.

To Register, please click here:

<https://conta.cc/2LWoR86>

Please contact Lane with any questions:

laneib@ofsn.net—971-283-6139



In this four week training, you will get the opportunity to:

- ◆ Gain a new understanding of challenging behavior and a new way of helping your child
- ◆ Improve your relationship, reduce conflicts, and help develop the skills your child needs to succeed
- ◆ Gain support from other parents
- ◆ Practice the CPS approach

Child Supervision Available!

Please RSVP with Rebecca Carter if you require child supervision at least 48 hours prior to the training.

rebeccac@ofsn.net

503-929-0011

Disclaimer: Although the group facilitator is a **Think:Kids Certified Parent Mentor** who receives ongoing supervision from Think:Kids, this group is independent and has no direct affiliation with Think:Kids or Massachusetts General Hospital (MGH). Information shared by the mentor reflects their best understanding of the CPS approach. **Additional resources can be found at: www.thinkkids.org.**