



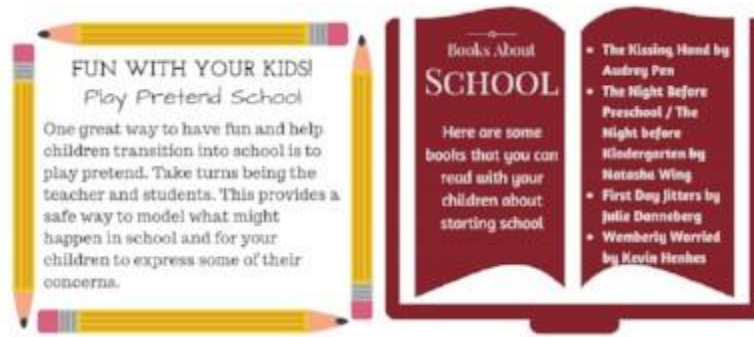
### **Transitioning to Back-To-School Mode**

The long days of summer are coming to a close, signaling the coming of Fall. In August, your children are soaking up their last care-free days before school starts. This newsletter will discuss ways parents and children can get ready for the upcoming school year.

As parents, you want to make sure you have done all that you can for your children so they are ready and able to thrive in school. Studies have shown that encouraging family involvement in education may improve children's academic success. But exactly what does that mean for parents and caregivers what can you do?

Preparing your children for school involves more than the ABC's and 1-2-3's. Research shows that children who have caregivers that are responsive to their children's needs and concerns do better in school. Children can feel scared, happy, sad, excited, and nervous about starting school. You can help your children by doing some of the following:

- Talk about what school will be like;
- Discuss what they will do during the day;
- If you know who their teacher will be make sure they know his/her name;
- Visit the school;
- Play at the playground;
- Drive or ride the bus around the route they will take to get to school;
- Play pretend school at home (read box below for suggestions in doing this);
- Check out the books listed below about school from your local library.



---

# LIBRARIES™ ★ ROCK! ★

## Local Libraries

It's not too late to help prevent the "summer reading slide." Visit your local library! For a list of all libraries in Marion and Polk counties [click here](#).

Many of Salem-Keizer elementary school libraries are still open through August. For a list of library summer openings and for when they end [click here](#).

---



**Do you have a newborn or a child up between the ages of 2 and 3 by September 1?**

Ready! for Kindergarten provides take-home materials (toys) and tools, to empower parents

and caregivers to help young children develop strong brain connections and kindergarten readiness.

Join the Marion & Polk Early Learning Hub and the Salem Clinic Medical Foundation at the Salem Family YMCA for a fun-filled workshop for you and your baby to gain new abilities related to the wonderful changes that happen so fast at this age. Free dinner. Childcare is available (child does not have to be present for parent to participate).

**Session 1: Thursday, August 23rd 6:30-8:00pm**  
**Session 2: Thursday, September 6th 6:30-8:00pm**  
**Session 3: Thursday, September 20th 6:30-8:00pm**

Register soon as class space is limited. Classes will be delivered in English and Spanish.

To register: call Tiffany Miller at (503) 485-3219 or Veronica Mendoza at (503) 602-2703.

---



### Blog of the Month

As a working mom, I constantly struggle to keep everything organized—my schedule, the kids' schedule, day-to-day operations at work and home, etc. There is a constant push-and-pull between having to fulfill my obligations at work and at home. That's life, right!? A few years ago I found myself at a crossroads.

[-- Read More --](#)

---



### Kindergarten & Preschool Registration is OPEN NOW!

Is your child age-eligible for preschool or kindergarten? Be sure to register now to ensure you have a spot. This will help you and your child be prepared for day care. Many schools offer a kinder jumpstart program to assist with the transition into kindergarten. Find your [elementary school](#) or [preschool](#) on our website.

---

## Free Summer Events for Families

<b>Kids</b> Kids Monday, Town 3500 Keizer,	<b>Bowl</b> receive August  6	<b>Free</b> 2 every & River	FREE weekday  OR	<b>Summer</b> GAMES until Country Rd	- of Sept 5,	<b>Salem</b> bowling! 2018 Lanes NE 97303
---	---	---	---------------------------	--	-----------------------	--

<b>Safari,</b> August The 331 Register	State	<b>Animal</b> Abbey Street at:	<b>Adventure!-</b> Art Salem,  OR theabbeyartcenter.weebly.com	<b>Salem</b> 13-17th Center 97301
--	-------	---	---	--



<b>Aumsville</b> Saturday, Porter Aumsville	August	<b>Corn</b> 18th. Boone Oregon,	<b>Festival</b> 11:00-6:30pm Park 97325
--	--------	--	--

<b>Dallas</b> Wednesday, Dallas 565	SE	<b>Family</b> August United Lacreole	Dr,  OR	<b>Night</b> 22th, Methodist Dallas	<b>Out</b> 4:00-7:00pm Church 97338
--	----	---	---------------	--	--

For additional events in Marion and Polk County visit our [calendar!](#)

Do you want fun easy activities that help your child learn? Download the **FREE** Vroom smartphone app for activities and learn the science behind

early brain development. Available in English and Spanish.

Search for the Daily Vroom app in the iTunes, Google Play or Amazon Fire stores.

**OR**

Sign up for weekly brain building text message by texting CHILD to 48258.



**Vroom Tip**

Invite your child to go on a hunt for different types of paper around the house, like paper towels, newspapers, magazines, or paper bags. Ask her to look at and touch the different papers. Talk with her about what she notices:

What is the same and what is different?

**[More Vroom Tips](#)**



**Our mailing address is:**  
2995 Ryan Drive Suite 100

Salem, OR 97301

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)