

Infant CPR

For new and expectant parents, grandparents and anyone who will be with a newborn.

Learn how to help a baby who is choking, respond to a breathing or cardiac emergency and how to childproof your home. Can be used with children up to one year of age. Using American Heart Association techniques.

FREE for parents of babies who are in the NICU.

Cost: \$10

Registration:

salemhealth.org/CHEC or call

503-814-2432

Class offered three times a month, except on holidays

- 2nd Mondays, 6:30 to 8 p.m.
- 4th Mondays, 4 to 5:30 p.m.
- 1st Saturdays, 1 to 2:30 p.m.

Location:

Community Health Education
Center
939 Oak St Se, Building D

