



**Oregon
Family Support
Network**

MARION Cty Wellness Support Groups

Second and Fourth Tuesdays

5:30 to 7:30 pm

Salem Alliance Church

1490 5th St Ne, Salem, OR 97301

Get to know other families! Learn how to enhance your wellbeing with topics like: stress management, behavioral strategies, and self-care.

Dinner and supervised activities for children provided to those who RSVP.

OFSN serves families raising children and youth who experience mental, emotional, behavioral and/or physical challenges.

**For more information or to RSVP, please contact
Rebecca with OFSN at 503-929-0011**