



Tuesdays
Sept. 26 - Nov. 21
6:30-8:30 p.m.

Salem Health - Building B
Basement, Classroom
665 Winter St. SE
Salem, OR, 97301

To sign up call the CHEC at
503-814-2432 or online at
Salemhealth.org/chec

MIND in the Making

The Seven Essential Life Skills Every Child Needs

- Focus and Self Control
- Perspective Taking
- Communication
- Making Connections
- Critical Thinking
- Taking on Challenges
- Self-Directed Engaged Learning

Childcare Provided
Ages 6mo.-12years

Mind in the Making is an unprecedented effort to share the science of children's learning with the general public, families and professionals who work with them.

Mind in the Making is culling through the behavioral issues that pediatricians hear most frequently from families during well-child visits. The questions have come from reviewing Bright Futures (the American Academy of Pediatrics' Guideline for Health Supervision of Infants, Children and Adolescents) as well as from parent websites. In response to these questions, we are creating information that pediatricians can use on how they can help parents turn these behavioral issues into opportunities to promote life skills in their children.

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Hospitals & Clinics