

NICU Parent Connection

Purpose: To encourage fellow NICU parents through peer-to-peer support. Connecting both current and former NICU families to discuss everything from feeding and development, to fears and PTSD, and everything else in between.

All current and former NICU parents are welcome, if your baby was in the NICU for 3 hours or 3 months, discharged 3 days or 3 years ago. We are all connected through our NICU experiences.

Support Group Meetings:

- First and Third Thursday each month 6:30 to 8 p.m.

Location:

Community Health Education Center
890 Oak St. SE, Building D, first floor

To learn more:

- Contact Molly at 503-851-8705
- Join "Salem Health NICU Parent Connection" on Facebook

www.salemhealth.org/chec



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