



Building the Parent-Teacher Partnership

It's been said that parents are their children's first and most important teachers. Yet, as children enter the classroom, parents are no longer their child's only teacher. From the first day of school on, parents are thrust into a whole new world of back-to-school nights, parent-teacher conferences, and all the lesson planning.

Among the many transitions that happen during this time frame is the beginnings of a relationship or partnership with the classroom teacher. Children are often quick to form that relationship, but for parents this is a new territory. You are learning to trust another adult to teach and model important knowledge and life skills to your little one!

Not surprisingly, this relationship is based on trust, communication and respect- all important life skills to model and teach to your child- and yes, despite the presence of the new amazing classroom teacher, you are still (and will always be) your child's first and most important teacher!

With school being back in session for almost a full month now, we will explore the importance and benefits of building a positive parent-teacher partnership. While this partnership is certainly important for parents and teachers, there are also a surprising number of benefits to your child.

For more articles like this one see

Oregon Parenting Together



October is National Safe Sleep Awareness Month

What does a safe sleep environment look like?

¿Come se ve un lugar para dormir seguro?

Maternal Child
Health Coalition

Alone

- In your room but not your bed.
- Never on a couch or chair.

Back

- Place on back to sleep.

Crib

- Flat and firm mattress
- No bumper pads, blankets, pillows or stuffed animals.
- Use safety approved cribs, play yards or bassinets.



For more information visit:
Para mas informacion visite:
• Safetosleep.nichd.nih.gov
• Healthychildren.org

Solo

- En tu cuarto pero no en tu cama.
- Nunca en un sofá o silla.

Espalda

- Ponerlo de espalda para dormir

Cuna

- Colchón plano y firme.
- Sin almohadillas protectoras, cobija, almohada o peluches
- Use corral de jugar y cunas aprobadas de seguridad

Image courtesy of the National Sleep Foundation. For more information on safe sleep practices, visit Safetosleep.nichd.nih.gov or Healthychildren.org.



Mid-Willamette Valley Community Action Agency still has openings for Early Head Start, Head Start/Preschool in Woodburn, Keizer, Dallas, and Aumsville, Stayton, and the Canyon.

Click below for information on Early Head Start and Head Start/Preschool:

Early Head Start serves infants and toddlers up to age three and expectant mothers.

[English Flyer](#)

[Spanish Flyer](#)

Head Start offers preschool education, health, nutrition and family services for 3 or 4 year olds.

[English Flyer](#)

[Spanish Flyer](#)



Blog of the Month

“I’m not a toddler I’m a baby” said my nearly two-year-old daughter not that long ago. I often call her “baby girl” or “little one” but day by day she is continuing to grow and not look as much like the tiny little baby I could almost hold in one hand.

[-- Read More --](#)

Parent Education Near You

Family Discovery Time

Tuesdays, October 2nd- December 11

5:30-8:30pm

20257 Grim Rd NE

Aurora, OR 97002

Call (503) 877-7894 to register

Descubrimiento del Tiempo Familiar

Mondays, Oct. 1- December 10, 2019

5:30-8:00pm

North Marion Primary School

20257 Grim Rd NE

Aurora, OR 97071

Call (503) 877-7894 to register

Nurturing Parenting

Thursdays, Oct. 4- February 28, 2019

5:30-8:00pm

Morningside United Methodist Church

3674 12th St

Salem, OR 97302

Call (856) 776-5347 to register



Make Parenting a Pleasure

Mondays, October 22nd

5:00-7:00pm

Oakdale Heights Elementary School

1375 SW Maple St

Dallas, Oregon, 97338

[Click here to register](#)

For additional classes in Polk county visit the Mid-Valley Parenting [calendar!](#)

For additional classes in Marion county visit our [calendar!](#)



Do you want fun easy activities that help your child learn? Download the **FREE** Vroom smartphone app for activities and learn the science behind early brain development. Available in English and Spanish.

Search for the Daily Vroom app in the iTunes, Google Play or Amazon Fire store

OR

Sign up for weekly brain building text message by texting CHILD to 48258.

Vroom Tip

What is your child's special interests- the things that makes their eyes light up? When you're at home or out and about, look for opportunities for them to learn more about the stuff. If they like trucks or animals, look for trucks or animals everywhere you can, and tell them more about them.

[More Vroom Tips](#)

