

PARENTING IS MESSY

But it's better with support!



Starts Thursday, January 4, 2018
8 FREE sessions



6:00-8:00pm
Mill City Christian Church



Free on-site child care
Free dinner at 5:30pm each night
Free children's books
Taught in partnership Family Building Blocks, Mill City Christian Church, and the Santiam Canyon School District



Call (503) 769-1120 for more information and to sign up

Explore ways to support your child:

Want to know what you can do to help your children succeed in school and beyond? Come join our free **Nurturing Parenting ABC class** to give individuals and families the knowledge, strategies, and skills to help with parenting. For families with children ages 0-8 year's old.

We will be working to support communications, discipline, helping children express their feelings, strategies for building self-worth, and personal power.



Family Building Blocks